



We're with You Every Step of the Way.



pacific
medical
centers

SIMPLY THE RIGHT CARE

COMPREHENSIVE CANCER CARE GUIDE

The PacMed™ Cancer Network is a dedicated team focused on you and your care.

Successfully Navigating Cancer Care Takes a Team.

At the PacMed Cancer Network, our team approach focuses on you and delivers collaborative, coordinated care for optimal outcomes. Because of the broad expertise within PacMed and our cooperative relationships with outside resources, we can offer an array of treatment options tailored to your needs. Our program is designed to empower you with information, choice and support.

“ Receiving a cancer diagnosis is sobering for every patient. Our goals from the moment you arrive are to help you understand your care options, assist with your medical decisions and—most important—make you feel cared for and confident going forward. ”

—David White, MD, FACS
General Surgery

The PacMed Cancer Network delivers peace of mind. Our patients know they're getting care that's specifically tailored to their individual needs from an experienced team of physicians and support staff. We will guide you through appointments, procedures, insurance and much more—so you can stay focused on what's most important: getting well.



Step 1: Choose a Team Approach.

Navigating cancer care is like traveling through a foreign city: it's so much easier with an experienced guide by your side. Your PacMed Cancer Network team will map out a sound strategy to make the most of your time, money and energy.

This team approach makes a big difference—both in the quality of your experience and the care you receive. Your care team will guide and coordinate your care. They will pull in the professionals and support people you need. With decades of combined experience in cancer treatment, your Cancer Network team is highly knowledgeable and well connected to our region's cancer care community.

Your care team will:

- Be your single point of contact for scheduling appointments, tests and treatments.
- Answer your questions and keep you on track with text and email reminders.
- Coordinate your care between your specialists, primary care provider, clinics and hospitals, including those outside of Pacific Medical Centers.
- Make the most of your time by scheduling multiple care visits on a single day (when possible), and seeking convenient facilities near your home or work.
- Help you navigate insurance, billing and other paperwork.

Plus, you can access test results, appointments and treatment information online using the secure MyChart portal.

Step 2: Meet Your Dedicated Care Team.

PacMed will assemble a multi-specialty team personalized just for you—including access to specialists and hospitals throughout the Puget Sound region—all coordinated from a single point of contact. We strive to ensure that your primary care provider, oncologist, hematologist, surgeon, radiologist, pharmacist and other health care professionals work in concert to help you achieve your treatment goals.

Besides working together to answer your questions and find treatments that are an excellent match to you, we also actively monitor your progress. We tailor your treatment course to your changing needs. And we keep the focus on you, your well-being and your goals.



Step 3: Count on the PacMed Difference.

PacMed treats the whole person, using the latest technology, innovative approaches and major regional cancer care resources, alongside traditional resources to support your emotional well-being.

Advanced Diagnostics—for an accurate picture. PacMed uses all modern diagnostic studies to monitor how you respond to treatment, giving your specialists real-time, relevant data to guide your care.

Targeted Therapy—for fewer side effects. Targeted therapies zero in on cancer cells, leaving healthy cells—and much of the body—unaffected during treatment. This approach can help block the growth and spread of many types of cancer and typically causes fewer side effects.

Clinical Trials—access to the latest treatments. Our patients have the opportunity to participate in national clinical studies. Because we are affiliated with Fred Hutchinson Cancer Research Center/Seattle Cancer Care Alliance and Swedish Cancer Institute, our patients have access to leading-edge research treatments.

Chemotherapy—an infusion suite focused on comfort.

Chemotherapy is nothing like it used to be. At our fully accredited infusion centers, dedicated pharmacists oversee the mixing and delivery of treatment. Our infusion centers feel more like a living room than a medical facility. Friends and family are welcome to join loved ones during treatment sessions.

Social Worker and Counseling—practical and emotional support. Our social worker can research money-saving grants, insurance benefits and access to more affordable cancer medications. Our skilled counselors can help you cope, find support groups and check out the American Cancer Society's "Look Good, Feel Well" program.

Professional Extra Support—to help you reach your goals. We offer nutrition counseling, physical therapy and occupational therapy at PacMed. With our affiliation with Swedish Cancer Institute, you can get palliative care to help you set goals and weigh treatment options. We also can help you access options to ameliorate side effects (as covered by your insurance provider) such as cooling caps, iron infusions and growth factor support.

Genetics—access to testing and therapy. Using your own genetic testing and mapping, we can offer counseling, pathology and laboratory tests geared to your genetic profile.

Center for Women—focused breast cancer treatment. The PacMed Diagnostic & Wellness Center for Women (DWCW) complements the PacMed Cancer Network by providing screening, diagnostic procedures and surveillance. All DWCW diagnostics, including 3D mammography and breast MRI, are reviewed by a dedicated, board-certified breast radiologist.

“ I worked as an oncologist with several other practices before joining PacMed. At last, I’ve found a practice setting where I have the freedom, the support and the necessary resources to fully dedicate myself to providing the best care possible for my patients and their best interests. It is quite gratifying. ”

—Atis Barzdins, MD
Hematology and Oncology



Your Cancer Care Is a Big Conversation.

CALL US TODAY AND GET THE CONVERSATION STARTED.

To get started, call 206.505.1300. We can set up an appointment with the PacMed Cancer Network within 48 hours. Our experienced Oncology staff will help you navigate and understand initial steps, schedule appointments and recommend resources. We are here for you and are committed to your best health.

Pacific Medical Centers and its Affiliates do not discriminate on the basis of race, color, national origin, sex, age, or disability in their health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電 888-311-9127 (TTY: 711)



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