

Taking a trip soon?

The PacMed Travel Clinic offers comprehensive travel services for adults and children.



Ari Gilmore, MD

Family Medicine
Beacon Hill clinic

"I enjoy working with my patients to give them the answers they seek, the treatments they need and the prevention that works to live a healthy life. From delivering babies and caring for families to meeting the needs of the elderly, I love being a part of the whole spectrum of family care."

Beacon Hill
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206.326.2400

Before you pack your bags for international travel, come to the travel clinic!

If you travel abroad, you'll want to be in good health and ready for illnesses you might encounter on your adventures. Be sure to make a medical travel clinic your first vacation stop.

Dr. Ari Gilmore runs the PacMed Travel Clinic at our Beacon Hill clinic. He can be seen by appointment for:

- Complete pre-travel exams
- Immunizations
- Malaria prevention tips and medications
- Country-specific travel advice:
 - Jet lag and sleeping adjustments
 - Safe food and water suggestions
 - Injury prevention and what to do when you're away from home
 - Medication suggestions

Dr. Gilmore also sees children and checks their vaccinations for travel.

Whether you're an international backpacker or a relatively inexperienced traveler, the clinic can prepare you for a healthy trip.

To make your appointment, call:

Beacon Hill clinic: 206.621.4504

Remember to schedule your visit for at least one month before your departure.

Please contact your insurance company to inquire about the cost and coverage of travel-related vaccines. Vaccines may be prescribed, but will not be administered at PacMed.

Pacific Medical Centers and its Affiliates do not discriminate on the basis of race, color, national origin, sex, age, or disability in their health programs and activities.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電888-311-9127 (TTY: 711)

