

# Taking a trip soon?

The PacMed™ Travel Clinic offers comprehensive travel services for adults and children.



**Sonja Maddox, MD**  
Family Medicine  
Renton clinic

"My role is to be an advocate and educator for my patients so they can be more active in their health care."

**Renton**  
1801 Lind Ave SW  
Building D  
Renton, WA 98057  
**425.227.3700**

Before you pack your bags for international travel, come to the Travel Clinic!

If you travel abroad, you'll want to be in good health and ready for illnesses you might encounter on your adventures. Be sure to make a medical travel clinic your first vacation stop.

Dr. Sonja Maddox runs the PacMed Travel Clinic at our Renton clinic. She can be seen by appointment for:

- Complete pre-travel exams
- Immunizations
- Malaria prevention tips and medications
- Country-specific travel advice:
  - Safe food and water suggestions
  - Injury prevention and what to do when you're away from home
  - Medication suggestions

Dr. Maddox also sees children and checks their vaccinations for travel.

Whether you're an international backpacker or a relatively inexperienced traveler, the clinic can prepare you for a healthy trip.

**To make a Travel Clinic appointment, call:**  
Renton clinic at **425.227.3700**

**Remember to schedule your visit for at least one month before your departure.**

*Please contact your insurance company to inquire about the cost and coverage of travel-related vaccines. Vaccines may be prescribed, but will not be administered at PacMed.*

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意：如果您講中文，我們可以給您提供免費中文翻譯服務，請致電888-311-9127 (TTY: 711)

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